



West Ottawa Public Schools

Preparing Students to Be College, Career and Life Ready!

Lakewood Newsletter

2134 W. Lakewood Blvd., Holland, MI 49424

Phone: 616-786-1300

January 31, 2020



Michael Ghareeb Principal

Jenine Elzinga

Secretary

Greetings Lakewood Families,

We've had a wonderful start to the second half of the year thus far. I want to begin by thanking everyone who contributed to our Science Night as it once again was a huge success. A special thanks to Mr. Arthurs who coordinated and arranged the event and to our wonderful PTO for aligning volunteers and sponsoring the evening.

Please remember that all parents are to park in the parent lot when entering the school for more than a few minutes. This is the lot which has the furthest entrance from the school building itself. If you are coming in to pick up or drop off a student from or to the office, the circle drive can be used. In addition, if you are dropping off your student in the morning at the parent drop off, please remember that if you plan to get out of your car for any reason, you should park in a parking space and walk your child to the drop off area. Also, if you are coming into the building for any length of time, everyone must check into the office and be wearing a badge for the duration of the time that you are in the school. All of these precautions are designed to provide the utmost safety for your children and we want to be sure that we are offering every child the safest environment possible at Lakewood Elementary.

Finally, please join us in wishing Lori Marco (technology teacher at Lakewood and Waukazoo) a very happy retirement. She has been a teacher for 30 years with 28 of those spent in the West Ottawa Public Schools and specifically 21 at Lakewood. Thank you for everything you did for the students at Lakewood Elementary Ms. Marco!

Sincerely,

Michael Ghareeb



Important Dates:

February 3

Coaches needed for Girls on the Run or team will be dissolved and refunds issued

February 10-13

Kindness-Gram Sale

February 12 Count Day

Please avoid making appointments this day if at all possible.

February 17

Mid-Winter Recess
No School

February 24

PTO Meeting
6:30 PM

March 12

Half day
Dismissal at 11:52

**Parent Teacher
conferences**
1-4 and 5-8 PM

March 17

Parent Teacher Conferences
5-8 PM

Our PTO has a new newsletter format. These will be coming your way once or twice a month. You can also find information on their website: lakewoodpto.org



In the LOOP with LAKEWOOD ELEMENTARY

Student Council Updates

The Student Council feels it is important to promote positive “feel-good” feelings. Therefore, they choose January 31 to be “Give a High-Five Day”. Throughout the day, students could be seen giving peers and teachers high fives for exhibiting one of the 3Rs: Respect, Responsible, and Ready to Learn.



LINKS of the WEEK



Please Call the office if your child will be absent due to illness. Be sure to note your child's name, teacher, and symptoms.

We also need a call if your child is out due to pre-planned absences or appointments. Thank You

616-786-1300 press 1 for the attendance line

Lakewood LINKs is a program that teaches and encourages students to assist their peers with special needs. Currently our LINKs program includes 63 LINKs in grades 2-5 to assist 11 students with special needs in grades K-5. LINKs duties include supporting peers through their morning routines, assisting students in specials, working with students in the general education classroom, reverse inclusion in special education classrooms and assisting students with pack up and end of the day routines. Schools with LINKs programs show an increase in positive feelings related to the school community and an increase in academic performance. We are so excited to introduce LINKs at Lakewood Elementary and so proud of the students who have stepped up to make this program a success.

WEEK OF JANUARY 20-24, 2020

Isla Castillo: I became a LINK because I think students with autism are awesome! Sometimes they may have a rough time but they are so sweet. My favorite part about LINKs is the opportunity to get to know students with autism better by hanging out with them. When not in school, I like to complete my homework to get it out of the way so I can spend time helping my mom.

Maddy Grzan: I like to help people so I decided to become a LINK. What I like most about LINKs is spending time and helping students with autism. When I grow up, I may become a special education teacher. I like to practice karate when I am not in school.

Lucy Keen: I became a LINK because I want to help students with autism. My favorite thing about LINKs is getting to spend time with these students. I like to play soccer when I am not in school.

WEEK OF JANUARY 27-31, 2020

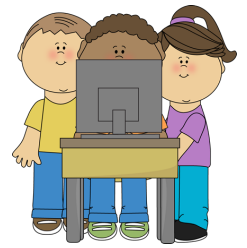
Connor Haley: Earlier this year, I was asked to be a gym helper to help students with autism participate during gym class. Later this year I found out that LINKs was starting up and that I could be a part of LINKS, too, so I accepted! The best part of LINKs is helping students with autism during gym class with activities such as throwing balls or jogging. When I am not at school, I really enjoy playing hockey and video games and ice-skating. One day I would like to be a professional hockey player and then when I am too old to play hockey, I would like to be an engineer.

Jack Norton: I decided to become a LINK because I thought it would be fun to help students with autism. My favorite part of LINKs is going down to the classroom for students and helping them put their belongings away in their lockers. At home, I enjoy watching TV and YouTube. I plan to become a scientist one day!

Christian DeWitt: I have always enjoyed helping students with autism so I joined LINKs knowing this would be an awesome opportunity to work with them. My favorite part of being a LINK is helping the students with their responsibilities. For fun, I enjoy researching LEGO sets and building the different sets. When I grow up, I would like to become an NFL football player and after I have made a lot of money, I would like to open a LEGO store

Links from the Lab

By Miss Marco Technology Instructor



I just wanted to take this opportunity to say how much I will miss the students, staff and community of Lakewood Elementary as I head into retirement. With great sadness I have been saying goodbye to my students this past week as I see each class for the last time. I've been fortunate to have taught such awesome kids and with such a supporting and amazing staff and hope to run into everyone in the future. Keep coding and practicing those home row keys!

Miss Marco

Moving with Mr. Metz

Hi Lakewood Families,

All classes have been doing a great job with their basketball skills and games! I've been very impressed with how the students have been respectful, responsible, and ready to learn. Watching the students learn together and work together has been great! All students are challenging themselves and working really hard to improve. I'm lucky I get to work with them. Have a great week!

~Mr. Metz



Art News

The art room is exploding with creativity! To know what awesome things are happening in the art room please visit my art news website at woartmakesyousmart.weebly.com

Don't forget! ART Makes you SMART! -Miss TenBarge



SPANISH SPOTLIGHT WITH SEÑORA DILLON



Kindergarten students are doing a fun unit on food vocabulary. We are learning words such as *pan* (bread), *leche* (milk), and *papa* (potato). Here is a song that you can practice at home with your child!

(To the tune of *She'll be Coming 'Round the Mountain*)

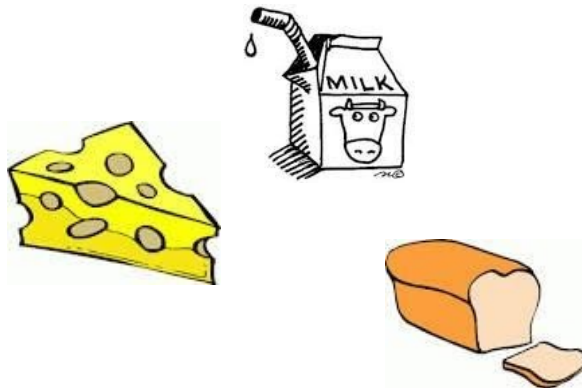
Queso is cheese, yum, yum, yum. (clap clap)

Leche is milk, yum, yum, yum. (clap clap)

Papa is potato.

Jugo is juice.

Pan is bread, yum, yum, yum. (clap clap)



Don't forget to check out my website. There are fun online resources for practicing Spanish at home:

<https://senoradillon.weebly.com/>

Music Notes from Mr. Loughrin

i n c r é d i b o x

♩ ♪ ♫ ♬ ♭ ♯ ♮ ♯

START GAME



Have you checked out Incredibox????? “Incredibox is a musical app in which you can quickly and easily create a mix by running a band of beatboxers”. It is one of the coolest and most fun music websites I have ever seen! Kids and adults can go online to www.incredibox.com and create and arrange their own beat boxing, hip hopping, jazz jumping arrangements using the Incredibox Beat Boxing “dudes”. Each “dude” has their own riff or ostinato pattern. You pull them up and assign them a part and they play it. It is a ton of fun and quite addicting!! Check it out!!!!



GIRLS ON THE RUN IS

so much fun!

About the Program

Girls on the Run is an after school program which inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. Our **ten-week** program is designed for girls in grades **3-5**. Lessons are led by trained volunteer coaches who guide and mentor the girls through an uplifting curriculum that focuses on life-long skills to improve emotional and physical health. The program culminates in a non-competitive 5k which gives the girls a chance to shine and an overwhelming sense of accomplishment.

The 10 week curriculum offers lessons that specifically address some of the issues that will arise during elementary school. Teams of 8-15 girls will engage in in-depth, age appropriate discussions regarding topics such as bullying, gossiping, making healthy choices, keeping promises and self confidence!

Registration

To register, visit

WWW.GOTROAC.ORG

Registration opens: November 1st

Registration closes: November 30

Team size limited to 15

Late registration available for teams with available space!

scholarships

Families who are not able to pay the registration fee may request financial assistance!

The cost of the GOTR program is \$150

Assistance is awarded to **all** who request it. No proof of income is required. Information is kept confidential. *Financial assistance is immediately granted during the registration process.*

Simple and easy!

No girls are turned away from the program due to an inability to pay

This fee covers the full cost of one girl's participation which includes: a new pair of Adidas running shoes, 20 lessons conducted by two certified GOTR coaches, a Girls on the Run event t-shirt, participation in the 5K Celebration Run/Walk, a water bottle and a practice t-shirt.

Why it matters
IT'S FUN. IT'S EFFECTIVE.

Participating in Girls on the Run transforms girls' lives by helping them increase their self-confidence, develop healthy relationships, and feel good about themselves, inside and out.

You can register online OR at an open house. If you register online, you do *not* need to attend an open house.

Open House Dates

November 7— Coopersville South Elementary 3:30-6:00pm

November 14— Hamilton Elementary 3:30-6:00pm

November 16— Resilience (411 Butternut Dr. Holland) 9:30am-12

November 26— Pine Creek Elementary 3:15-5:00pm

Check our website for the most up to date times & locations!



Girls who were the least active at the start of the program increased their physical activity by more than 40%*



97% of participants said they learned critical skills to manage emotions, resolve conflict, help others or make intentional decisions*

*Results based on a 2015 independent study conducted by Positive Youth Development expert Maureen R. Weiss, Ph.D.

A program of:

RESILIENCE

ADVOCATES FOR ENDING VIOLENCE

ADULT VOLUNTEERS NEEDED

Did you know that each team needs 2 volunteer coaches? Visit our website and click on 'coach'!



Girls on the Run is for **EVERY**girl.

DO YOU WANT TO



**MEET NEW
FRIENDS?**



**ACCOMPLISH
BIG THINGS?**



**HELP OTHERS IN
YOUR COMMUNITY?**



**HAVE SO
MUCH FUN?**

NEW THIS SEASON!

We are excited to announce that we will be working with **Adidas** for our shoe needs! Shoe sizes will be collected at the time of registration, we will **NOT** be hosting shoe fittings in January!

**All shapes, sizes and abilities are
celebrated & welcome!**

AFTER SCHOOL ON CAMPUS *10 WEEKS *MEET 2X A WEEK* TEAMS OF UP TO 15 GIRLS*

3rd-5th GRADES* STARTS IN MARCH*CELEBRATION 5K IN MAY*

~REGISTRATION BEGINS IN NOVEMBER~

To register online, visit WWW.GOTROAC.ORG and click on the 'Register Now' tab!

Registration for Spring 2020 is open

NOW!

TOTAL TREK QUEST



[https://www.raceplanner.com/register/
index/AOSpring2020](https://www.raceplanner.com/register/index/AOSpring2020)

TTQ is a fun, high energy program designed exclusively for boys in 3rd-5th grade! TTQ incorporates strength and stretching exercises while training for a 5K. Boys in this program will develop positive peer relationships and feel a part of a team while working toward individual goals. Additional practice activities focus on developing a healthy lifestyle, social/relationship skills, making positive choices, and knowledge of the effects of substances such as alcohol, tobacco and e-cigarettes.

Cost is \$45; scholarships are available.

Questions? Need a scholarship? Please
contact Brandon Melnyk at 616-450-4651 or

bmelnik@arborcircle.org

Spring Season starts the week of 2/24/2020

- Total Trek Quest is coached by adults who have completed program training, CPR/First Aid certification, central registry clearance, and background checks. Coaches are always needed; please consider being a coach!
- If school is cancelled for any reason, TTQ will also be cancelled that day.

TOTAL TREK QUEST

FREE Kick Off Event

The Lost City

12350 James Street, Holland MI 49424

Saturday, February 15th

10am-Noon

Unlimited Laser Tag, Mini Golf, and Mini Bowling

For all TTQ participants and their families.

Boys must be accompanied by an adult



- The TTQ Spring final event will be the Tulip Time 5K! Registration for TTQ boys is included in the program. Parents and friends are encouraged to participate and will receive a discount code after registration.

