



West Ottawa Public Schools

Preparing Students to Be College, Career and Life Ready!

Lakewood Newsletter

2134 W. Lakewood Blvd., Holland, MI 49424

Phone: 616-786-1300

December 6, 2019



Michael Ghareeb Principal

Jenine Elzinga

Secretary

Greetings Lakewood Families,

I sincerely hope everyone had a fun and relaxing Thanksgiving and was able to spend some quality time with families and friends. The long Holiday break is just around the corner and I know that for many of us it's much anticipated and needed.

We are excited to hold another apparel sale for Lakewood specific logo wear through Victory Apparel. The sale will run from December 4, 2019 through December 21, 2019. All orders will be delivered to the school on the week of January 6, 2020. This is a great opportunity to show our collective commitment to our school as well as to show Lakewood school pride. The order form can be accessed at the following link and by using the password LAKEWOODPTO:

<https://victoryapparel.org/>

Finally, West Ottawa High School will be hosting an Advanced Placement/ International Baccalaureate Info Night on January 23 at 7:00 in the North High School Cafeteria. Parents and students (of all grades) are welcome to attend. Parents/students will learn about how WOHS is increasing access to college level courses. There will be information provided about how students can participate in AP and/or IB. Attendees will learn about the differences and benefits of AP and IB.

Sincerely,

Michael Ghareeb



Important Dates:

December 6

Logo wear Sale by
Victory Apparel Starts

December 21

Victory Apparel orders due

Dec. 23-Jan. 3

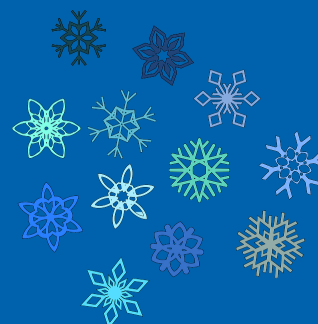
Holiday Recess

Week of January 6

Victory Apparel orders will arrive
at Lakewood

January 17

End of 1st Semester
Half Day: dismissal at 11:52



Our PTO has a new newsletter format and you should have received it as an IC_Message in your emails. These will be coming your way once or twice a month. You can also find information on their website lakewoodpto.org

In the LOOP with LAKEWOOD ELEMENTARY

Student Council Updates

Thank you to all who donated to the Food Drive for Community Action House. Items were picked up unexpectedly Friday, November 22nd. Student council members helped load the truck. However, they did not have time to count our items to see if we beat last years' total of 1,130. Regardless, we still collected a lot of food to help our community.

The Angel Tree still has a few tags on it. Unwrapped gifts (with the tag taped on) are due to the office by December 11th. Gifts will then be delivered to the Salvation Army site. It is great to belong to such a caring school community.

Finally, the student council would like to promote a holiday color day on December 20th. Students are encouraged to dress in their favorite holiday colors on our last day before break.



Please Call the office if your child will be absent due to illness. Be sure to note your child's name, teacher, and symptoms.

We also need a call if your child is out due to pre-planned absences or appointments. Thank You

616-786-1300 press 1 for the attendance line

Michigan Weather is upon us. We take the students out every day providing the weather is reasonably dry and the wind chill is not below 0 degrees. Please send your child to school with all their winter attire. It will also be helpful to label coats, hats, mittens, etc. so we can quickly identify lost items. Thank you for helping us transition into these winter months.

Lost and Found Items are now located in the main office.



Parent Pick Up/Drop off

Please remember to pull forward in the parent drive. Parking in the pick up lane is not allowed and causes a large back up of traffic on the street. If you wish to meet your child by the doors please park in the designated areas. Thank you for your help!



Cold and Flu season is here. Please remember these few simple policies if your child is feeling ill.

- Children must be fever free (under 100 degrees) for 24 hours and without the aid of medicine before returning to school.
- Children taking prescribed antibiotics must be on them for 24 hours before returning to school
- Children must be free from vomiting and diarrhea for 24 hours
- If your child is experiencing other symptoms and is struggling to participate in class we will call to have them picked up

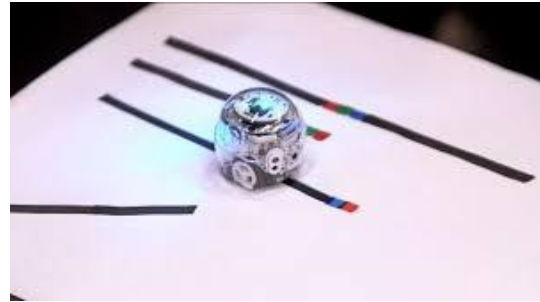
Links from the Lab

By Miss Marco Technology Instructor



4th Grade Update: 4th Grade students have been using Ozobots to do some coding using lines and color. After experimenting with different types of lines and using different combinations of red, green, blue and black lines for coding, they have used speed commands to make 2 Ozobots race each other. They are currently creating Ozobot communities using a variety of codes including zigzag, stop and spin.

Ozobot Coding



Moving with Mr. Metz

Hi Lakewood families,

I hope you are all doing well and enjoying the holiday season so far! In physical wellness over the next few weeks we will be focusing on learning about floor hockey and improving our aerobic fitness through a variety of jump rope skills. All classes are doing a fantastic job of being respectful, responsible, and ready to learn. Students are improving very quickly at everything we are doing. We have a community of very hard working kids and I'm having a blast teaching them! Have a great week!



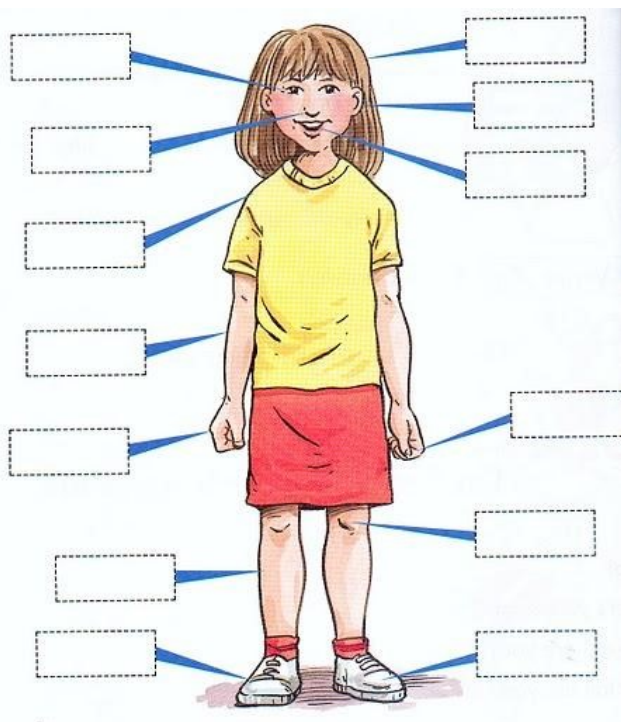
Art News

The art room is exploding with creativity! To know what awesome things are happening in the art room please visit my art news website at woartmakesyousmart.weebly.com

Don't forget! ART Makes you SMART! -Miss TenBarge



SPANISH SPOTLIGHT WITH SEÑORA DILLON



Third grade students recently started a unit on body vocabulary. We are practicing these new words through a variety of activities including a song about being itchy! Students will have a test on Spanish body vocabulary in a few weeks. Try labeling the girl below using the word bank to help you!

Word Bank

dedo ojo hombro brazo rodilla

nariz mano boca pie oreja

pelo dedo del pie pierna



Here We Come a Caroling!

Music Notes from Mr. Loughrin

'Tis the Season!!! Donning hats, mittens, gloves and scarves, Lakewood students will be caroling throughout our school during music class on our final week before break. Students will shiver into classrooms rubbing hands together to keep warm, delivering holiday music, joy and cheer to their peers, teachers and staff. We'll play jingle bells and other percussion instruments to accompany our songs and spread good cheer to everyone we meet. In addition to traditional carols, such as "Jingle Bells" and "Rudolph the Red Nosed Reindeer", we will exercise our Spanish vocabulary with "Feliz Navidad" complete with maracas, claves, guiros and of course jingle bells. We will also share a traditional Hanukkah song entitled, "Oh Hanukkah!"

Please remind your child to bring hats, mittens/gloves and to wear any special holiday clothes on music day next week!



GIRLS ON THE RUN IS

so much fun!

About the Program

Girls on the Run is an after school program which inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. Our **ten-week** program is designed for girls in grades **3-5**. Lessons are led by trained volunteer coaches who guide and mentor the girls through an uplifting curriculum that focuses on life-long skills to improve emotional and physical health. The program culminates in a non-competitive 5k which gives the girls a chance to shine and an overwhelming sense of accomplishment.

The 10 week curriculum offers lessons that specifically address some of the issues that will arise during elementary school. Teams of 8-15 girls will engage in in-depth, age appropriate discussions regarding topics such as bullying, gossiping, making healthy choices, keeping promises and self confidence!

Registration

To register, visit

WWW.GOTROAC.ORG

Registration opens: November 1st

Registration closes: November 30

Team size limited to 15

Late registration available for teams with available space!

scholarships

Families who are not able to pay the registration fee may request financial assistance!

The cost of the GOTR program is \$150

Assistance is awarded to **all** who request it. No proof of income is required. Information is kept confidential. *Financial assistance is immediately granted during the registration process.*

Simple and easy!

No girls are turned away from the program due to an inability to pay

This fee covers the full cost of one girl's participation which includes: a new pair of Adidas running shoes, 20 lessons conducted by two certified GOTR coaches, a Girls on the Run event t-shirt, participation in the 5K Celebration Run/Walk, a water bottle and a practice t-shirt.

Why it matters
IT'S FUN. IT'S EFFECTIVE.

Participating in Girls on the Run transforms girls' lives by helping them increase their self-confidence, develop healthy relationships, and feel good about themselves, inside and out.

You can register online OR at an open house. If you register online, you do *not* need to attend an open house.

Open House Dates

November 7— Coopersville South Elementary 3:30-6:00pm

November 14— Hamilton Elementary 3:30-6:00pm

November 16— Resilience (411 Butternut Dr. Holland) 9:30am-12

November 26— Pine Creek Elementary 3:15-5:00pm

Check our website for the most up to date times & locations!



Girls who were the least active at the start of the program increased their physical activity by more than 40%*



97% of participants said they learned critical skills to manage emotions, resolve conflict, help others or make intentional decisions*

*Results based on a 2015 independent study conducted by Positive Youth Development expert Maureen R. Weiss, Ph.D.

A program of:

RESILIENCE

ADVOCATES FOR ENDING VIOLENCE

ADULT VOLUNTEERS NEEDED

Did you know that each team needs 2 volunteer coaches? Visit our website and click on 'coach'!



Girls on the Run is for **EVERY**girl.

DO YOU WANT TO



**MEET NEW
FRIENDS?**



**ACCOMPLISH
BIG THINGS?**



**HELP OTHERS IN
YOUR COMMUNITY?**



**HAVE SO
MUCH FUN?**

NEW THIS SEASON!

We are excited to announce that we will be working with **Adidas** for our shoe needs! Shoe sizes will be collected at the time of registration, we will **NOT** be hosting shoe fittings in January!

**All shapes, sizes and abilities are
celebrated & welcome!**

AFTER SCHOOL ON CAMPUS *10 WEEKS *MEET 2X A WEEK* TEAMS OF UP TO 15 GIRLS*

3rd-5th GRADES* STARTS IN MARCH*CELEBRATION 5K IN MAY*

~REGISTRATION BEGINS IN NOVEMBER~

To register online, visit WWW.GOTROAC.ORG and click on the 'Register Now' tab!

Registration for Spring 2020 is open

NOW!

TOTAL TREK QUEST



<https://www.raceplanner.com/register/index/AOSpring2020>

TTQ is a fun, high energy program designed exclusively for boys in 3rd-5th grade! TTQ incorporates strength and stretching exercises while training for a 5K. Boys in this program will develop positive peer relationships and feel a part of a team while working toward individual goals. Additional practice activities focus on developing a healthy lifestyle, social/relationship skills, making positive choices, and knowledge of the effects of substances such as alcohol, tobacco and e-cigarettes.

Cost is \$45; scholarships are available.

Questions? Need a scholarship? Please
contact Brandon Melnyk at 616-450-4651 or

bmelnik@arborcircle.org

Spring Season starts the week of 2/24/2020

- Total Trek Quest is coached by adults who have completed program training, CPR/First Aid certification, central registry clearance, and background checks. Coaches are always needed; please consider being a coach!
- If school is cancelled for any reason, TTQ will also be cancelled that day.

TOTAL TREK QUEST

FREE Kick Off Event

The Lost City

12350 James Street, Holland MI 49424

Saturday, February 15th

10am-Noon

Unlimited Laser Tag, Mini Golf, and Mini Bowling

For all TTQ participants and their families.

Boys must be accompanied by an adult



- The TTQ Spring final event will be the Tulip Time 5K! Registration for TTQ boys is included in the program. Parents and friends are encouraged to participate and will receive a discount code after registration.

