Transitions
Transitioning from elementary to middle school and middle school to high school is a huge change for students. At Harbor Lights we do our best to ease any anxiety, fears and relieve the stress of the unknown for our students. We spend time talking with students about core courses, electives, extra-curricular activities and the biggest social time- lunch. Another important piece of our transitioning process is getting students into their future school.

5th to 6th Grade Transition – This past week, 5th graders from Great Lakes, Waukazoo, Lakeshore, Sheldon Woods and Pine Creek visited Harbor Lights. Mrs. Harris, our school counselor, put together an amazing morning for our visitors. Students participated in a trivia game about Harbor Lights and took part in a scavenger hunt that took them all over the building. Leaders of the 21st Century, our group of student leaders, did a wonderful job guiding the tour.

8th to 9th Grade Transition – 8th grade students recently finished registering for high school classes. Next they will be visiting the North High School on May 16. Students will get a chance to tour the building and ask current high school students questions about their experiences at WOHS.

Parent School Improvement Team
The Parent School Improvement Team agreed to focus their efforts on the Harbor Lights Reading Goal. Our reading goal is:

By the end of the 2013/14 school year, 69.91% of students will be proficient in Reading as measured by the MEAP. The percentage of students who are proficient will increase each year by 1.89%. As a result, by the end of the 2021/22 school year, 85% of students will be proficient as measured by the State Assessment (Currently the MEAP).

The team will now develop an activity in each of the six areas of involvement to help Harbor Lights achieve our reading goal.

Science Olympiad
Science Olympiad is a favored and extraordinary extra-curricular activity and has been going on for three to four years at our school. It takes place after school in the science hallway where students do experiments, compete in competitions, and most importantly, learn MORE about science. We interviewed Nicolas Christians, who has been going to Science Olympiad for two years now. He says "Before I joined Science Olympiad, I did not like science, but as I started to do Science Olympiad I began to love science." He later says that everything you do there is new and fun, especially if you would like to be a scientist or engineer. There are many different things you can learn at Science Olympiad such as Anatomy, Crime Busters, and Food Science. There are many different topics you can choose from. It is a fun activity that lets you think and is a great place to meet new friends. Because Science Olympiad is for all grades in Middle School and High School, Harbor Lights students can join next year January 2014.

- Iris Sworthout and Zoe Quinn
ACES DAY
MAY 1st

All Children Exercise Simultaneously Day is an international celebration of health. Michigan Fitness coordinates Michigan’s ACES Day, which takes place on the first Wednesday in May. During the 2012 ACES Day event, more than one thousand schools in Michigan joined together in a celebration of physical fitness. In our school district the following schools will be participating: Glerum, Great Lakes, North Holland, Pine Creek, Harbor Lights, Sheldon Woods, and Woodside.

The celebration emphasizes physical activity among students and helps combat childhood obesity. With millions of participants worldwide, ACES Day is a global event that celebrates exercise by bringing students together from all fifty states and more than fifty countries.

8th Grade Dance

Who: All 8th grade students at Harbor Lights
What: Dancing and hanging out with friends
When: Thursday, June 6 in the evening
Where: Harbor Lights Cafe
Why: To celebrate and have fun!

PARENTS OF 8th GRADERS: We need you to help plan this evening of fun! A committee is forming to plan this traditional end of the year event. It will not happen without you so please consider signing up to help out. There are a few volunteers already set to go but we need a committee chair/co-chair to give the group leadership. Please contact Jan Wehrmeyer if you are interested at janwehrmeyer@gmail.com.

Music News!

Congratulations to the following students for their performances at the MSBOA Solo and Ensemble Festival in Caledonia this past weekend.

Earning a top award, or first division, in the solo category were: Erin Jones, Maggie Neuman and Sydney Archer - flute solos, Michaela Graves - clarinet, Aleah Hahn – french horn, Garrett Borgman – trombone, Quincy Doenges – xylophone, Alyssa Anderson – viola, and Hunter Ihrman – cello.


Earning second divisions were: Olivia Reiner – violin solo and Jenna Horner and Alyssa Anderson viola duet.

Book Fair Coming Soon!

The Harbor Lights Library will be sponsoring a Book Fair May 1 through May 3 during regular school hours.

Students will have an opportunity to visit the Book Fair with one of their classes. This will allow students to select from hundreds of titles including mysteries, classics, biographies, sports, adventures, popular fiction, workbooks, humor, and how-to books that they can purchase for their personal libraries.

Parent volunteers are needed to help with the book fair. If you would like to help, or if you have questions, please call the library, 786-1098 or email Mrs. Dobrez at dobrezca@westottawa.net.
Mark your calendar for two exciting presentations. On May 15th please join Mrs. Harris, school counselor, and Ms. Winnie Perla, High School College Adviser, for a College Planning for the Middle School Parent Workshop. We look forward to welcoming you to this meeting in the Harbor Lights Library at 6:30 pm.

We will cover helpful information for you to help your middle school student stay on track for college success. All types of post-secondary education options will be discussed!

Next up at 6:00 pm May 22nd presenters from the Michigan Education Trust will be here to talk about saving for college expenses. This meeting will take place in room 133 near the front entrance of Harbor Lights.

Please check with Mrs. Harris if you have any questions.

As the weather begins to warm up it is important to remind students of several aspects of the dress code.

Any attire that distracts from the educational process is not permitted in school. It is our desire to promote an atmosphere of respect for others and where students consistently demonstrate respect for themselves by appropriate dress and behavior. Specifically students may not wear shirts that expose the midriff, have excessive back exposure, cropped or tight blouses, mesh tops, or that have inappropriate words or pictures. Pants must be worn in such a manner that they do not sag excessively below one's waist. Shorts, skirts and dresses must be fingertip length or longer. All sleeveless shirts must have a 3-inch strap.

Students who are in violation of the school dress code will be sent to the office and will be asked to change, or be sent home from school.

2013 Tulip Time Dismissal Information

2013 TULIP TIME – Tulip Time is almost here! Thursday, May 9, West Ottawa students will have a half day of school in the morning. Dismissal times are as follows:

<table>
<thead>
<tr>
<th>School</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harbor Lights and Macatawa Bay</td>
<td>10:45 a.m.</td>
</tr>
<tr>
<td>High School</td>
<td>10:50 a.m.</td>
</tr>
<tr>
<td>All Elementary Schools</td>
<td>11:42 a.m.</td>
</tr>
</tbody>
</table>

If it rains on Thursday, May 9, and the parade is postponed, Thursday will be a full day of school. If Friday is the parade day, there will be a half day of school in the morning.
6th Grade Harbor Lights Middle School
3rd Term Honor Roll

Caleb Alexander * Jennifer Arredondo
TJ Atsaphanthong ** Jared Aulick *
Jocelyne Barrera-Galdamez
Branden Beltman
Maggie Bentley ** Collin Berghorst *
Kaitlyn Bishop *
Trenton Black *
Sydney Bolt *
Liam Boone
Michaella Briggs *
Madalene Brinkman *
Grace Bruins *
Connor Budek *
Thomas Buis ** Deven Calanchi *
Frieda Campos
Elizabeth Carrillo Garcia *
Xena Castellano
Austin Castillo *
Citllalik Castillo *
Tyler Chau ** Logan Chavez *
Macy Christiaans *
Savannah Coleman *
Sonja Collins *
Noelani Crame *
Elijah Currie ** Keenan Currie
Hannah Daniel **
David Dannels *
Lorena De La Torre
Brayden DeCoste *
Zachary Denuyl
Mallory Dornbush *
Natalie Dunn **
Macey Dykema *
Drew Dykens
Jada Ellis
Rachel Elms *
Sergio Estupinan *
Jason Fairfield
Madison Fershee
Neftali Flores
Benjamin Fought *
Marcella Frissora *
Nathan Fuller
Stephani Gallegos
Gianni Gamez-Salas
Alyssa Gibson *
Jireh Gibson **
Aaron Glovier
Brianna Gomez
Sarai Gonzalez-Canchola *
Alexandra Gonzales
Beatriz Gonzalez
Roberto Gonzalez *
Donna Gonzalez Larios *
Justin Grasmeyer *
Sydney Groteler
Ashley Grotenthaler
Linus Gugino *
Camryn Gustman
Faith Haley *
Matthew Heckman *
Brycen Hemmeke
Betsy Hernandez
Simon Hillebrands *
Kathryn Hotchkiss
Leigha Hudd
Joanna Huerta *
Ryleigh Hyma
Cory Ives *
Tania Jarquin Arroyo
Kallyn Johnson *
Sydney Jonas *
Chloe Karp *
Noah Kars
Jared Kaylor
Matthew Kemp *
Madeline Kendall *
Kevin Khousak nalath *
Sity Kim *
Clara Klein *
Sydney Kloosterman *
Joseph Kramer *
Jordan Krotz
Danielle Kuiper *
Alex Lamberts
Kayla Lebster *
Gisselle Lopez
Isaac Lopez
Lenny Lopez
Odalis Lopez
Elicia Lozano
Zaira Lucio
Jaiden Luna
Hana Lynn *
Riannon Maher
Gracey Maite *
Mitchell Manosack *
Alia Mares
Ian McConkey
Cayla McCormick *
Odalis Medellin *
Morgan Miller *
Omar Mireles Adame
Raveena Mishra **
Nicole Modders *
Husn Mohsen
Joseph Monetta *
Emily Moore *
Nathan Moored *
Isabella Moralez-Booker *
Jared Murphy *
Amy Nguyen *
Kathy Nguyen **
Nikki Nguyen
Alex Nuan *
Sarah Olney *
Sydney Otolski
Skyler OverKamp
Delaney Overman *
Dominic Penalosa
Paulina Phan
Carry Phanthathourath
Kieanna Phetvorsak *
Natalie Pielh **
Hannah Piersma
Zoe Prins *
Grace Pustover *
Zoe Quinn ** Laura Ramirez *
Benny Rathana *
J J Rattanasavanh
Kayley Reynolds *
Heather Riemersma **
Jordan Ringler *
Keila Rios Loredo
Collin Robbins *
Kathy Rodas
Valeria Rodriguez-Gallardo *
Christian Rottier
Victoria Roubier *
Natalie Saetern
Olivia Salas *
Jose Salinas *
Sander Sann
Brennmar Schopp **
Taylor Schott
Jose Sierra Arroyo
Hunter Sims *
Sky Siphasouk
Dasani Song
Jolene Soriano *
Khadin Soto *
Xaysana Southisone
Thiphathat Souvanhnsy
Abigail Sprick **
Christian Stam *
David Stanley **
Colten Stegenga
Ryan Storteboom **
Paul Stryker
Iris Swarthout **
Cameron Taskey *
Madelyn Taylor *
Kyle Thackthay *
Mackenzie Thomas *
Mason Timmer *
Charisse Timmreck *
Mireya Torrero-Alvarado *
William Trammell *
Nha Megan Tran *
Christopher Trejo
Samantha Uribe *
Cella VanHeest *
Cecilia VanLoo *
Maggie VanTil *
Madelyn VanWieren *
Madelyn Virenhorst
Guadalupe Vega
Abigail Veldhof *
Gabriella Villanueva *
Veemon Vongsiprasom
Mikaela Weed *
Matthew Weimer *
Jurrien Wilson *
Anisa Wolfe *

* Denotes a 3.5 or above G.P.A.
** Denotes a 4.0 G.P.A.
7th Grade Harbor Lights Middle School
3rd Term Honor Roll

Mikaela Adkins *
James Allen *
Kira Alvarez
Jocelyn Anaya
Alyssa Anderson **
Roman Anderson *
Ian Anwiler *
Taylor Auby *
Deegan Baker *
Saul Balderas
Cole Becker *
Paris Bedford *
Noah Benavidez
Zoe Berghorst *
Maria Betancourt
Christian Bigelow *
Braden Book
Justin Brading
Tyler Brading
Braxton Brandt *
Madelyn Brandt *
Peyton Bremer *
Nolan Briggs *
Melissa Bright
Julia Burkholder *
Starmayne Burton
Alondra Campos
Nicole Cano Ballinas *
Nicole Castagna
Liam Cavanaugh *
Sean Cavanaugh *
Leslie Chankongsinh
Nicolas Christiaans *
Allison Cook *
Isabella Correa *
Alexandra Coy *
Desiree Cuddington-Petznik *
Tyler Dalpe
Jose De La Garza Ramos
Kayli De Leon
Daniel deForest **
Merissa DeLaGarza
Nathan Deland
Fatima DeLarosa *
Logan DeRidder
Brenden Dewys
Alex Dils *
Otto Dryfhout *
Samuel Duckworth *
Kaleb Dykema
Adam Dykens
Brynn Edwards *
Lizzie Egiluz *
Alicia Elizondo *
Alex Essink *
DeJaun Evans
Calin Firlit **
Colbey Fisher
Tucker Fritz
Alejandra Gallegos Ordaz *
Stephanie Ganzi **
Jasmine Garcia **
Jocelyn Garcia *
Thalia Garcia
Keyaira Garnes
Jessie George *
Hannah Gerrits *
Jennavieve Gilliam *
Juan Giron Arreguin *
Daniel Gonzalez *
Graham Gould **
Nicolas Greendyke *
Samuel Gruenler **
Diego Guzman
Aleah Hahn *
Natalie Harten *
Reese Hoegen
Sok Visal Hoeng
Daniel Hoffswell *
Jon Hofmeyer
Jenna Horner *
Hunter Ihman **
Nicole Jiang-Kong **
Taryn Johnson *
Erin Jones **
Kynsi Jones
Allena Juarez
Mario Juarez *
Nhathsakoum Khounsombat *
Ariana Knox *
Madelyn Kobylski *
Andrew Kriger
Kathryn Kross
Alec Kuipers *
Katelyn Kuzmanko *
Alexander Ky **
Britney Ky **
Alyssa Lacey *
Jaxon Lambert
Makaya Lathers *
Nathan Leak
Jae Baek Lee **
Peter Lehmann *
Citlali Leija
Anna Linderman *
Hannah Lindstrom **
Makenna Litteral **
Angelita Lomas *
Jaqueline Lopez
Kirstin Lopez
Eрин Magennis **
Ivan Marin
Luis Marines
Ayden Martin *
Daniel Mauger *
Margaret McCoy *
Avery Meiste *
Gabriel Mendez Grifaldo
Rudi Miller *
Sydney Mireles **
Kaitlyn Mitas *
Rodtana Mok
Alexis Moore *
Stephanie Mosteller
Martin Napoles *
Maggie Neuman **
Ashley Newman
Annie Nguyen **
Andrez Olivares
Emmanuel Ortiz Mandujano *
Hannah Otteren *
Maelin Oudemolen *
Dillon Palmer
Mia Patchin *
Drew Pedersen **
Juan Pena
Jessica Perkins *
Trent Perkins *
Abigail Pierce *
Isabel Polanco *
Alyssa Prange *
Maria Price *
Aaron Pung *
Gillian Raab *
Julian Raad-Barrios *
Emma Rauckhorst *
Logan Reimink **
Olivia Reiner *
Isaiah Reyes
Christian Ries *
Emilio Rivera
Evan Roach
Nancy Roman
Lauren Rosenberger *
Abigail Rosiak *
Amanda Rouwhorst *
Jacindah Rowe
Jessica Roxbury *
Priscilla Ruiz
Gavin Ruth
Anna Saewert *
Tyson Saing
Marcos Saint-Felix Rodriguez *
Crystal Santoyo
Laura Sayvonga
Matthew Schackow *
Zachary Scholten
Anna Schwander *
Sean Seguin *
Destiny Sharpe
Benjamin Shumaker **
Jasmit Sidhu
Sokhavary Siv *
Isabel Snoaq **
Felicia Solomon *
Andres Solorzano *
Vanessa Soriano
Kyle Stam
Adam Stillson
Brendan Stoel *
Meghan Sullivan *
Lauren Sweeney **
Hayden Taylor **
Jack Taylor *
Sarah Tenharmels *
Morgan Terpstra *
Jessica Thies *
Gloria Thomas *
Kathryn Timmer
Ellerie Tinholt *
Jacqueline Torres Barrera
Carissa Tracy **
Lauren Travis *
Marco Turrubiartes-Vasquez
Melissa Urieta *
Riley Vaara *
Jayden VanMaurick
Jayla VanMaurick
Jaylen VanMaurick *
Mia VanValkenburg *
Lesley Vargas *
Emma Vasche *
Armando Vera *
Myariah Vixayphone
Phinkeo Vongkaysone
Michael Walsh **
Jasmine Waters
Nicholas Wehrmeyer **
Aaron Weimer **
Benjamin Werkman
Gerrit Wiergerink *
Kyle Wiersma *
Jacob Wiggins
Austin Williams **
Teegan Wolcott
Madison Wollenzien *
Allisa Woods
Anna Wuerfel **
Austin Yen *
Thomas Yonker *
Patricia Zamudio *
Brooke Zimmerman *

* Denotes a 3.5 or above G.P.A.
** Denotes a 4.0 G.P.A.
8th Grade Harbor Lights Middle School
3rd Term Honor Roll

Dylan Agema*
Francisco Aguilera Lopez*
Katalina Anongdeth*
Sydney Archer*
Jose Arredondo Aguilar
Ann Arthurs*
Jamesohn Bader*
Devon Balint
Foster Barnett*
Hunter Bedford*
Steven Bocks*
Jessica Bonzelaar**
Garrett Borgman*
Kelby Bosma*
Kayla Bouaphan*
John Bounthapanya*
Jessica Bracamonte*
Brigitte Brault*
Brandon Burie*
Mackenzie Burke*
Sydney Burke*
Jacob Butler*
Elizabeth Campau*
Julissa Cantu
Spencer Carl*
Yazmin Castillo*
Savannah Chadwick
Sarin Chea*
Rose Chiv*
Jacinde Cole*
Dominick Compton
Paige Cook
Yuritzi Cruz*
Elizabeth Dalpe*
Bohdan Damstra*
Adam Davies
Anthony Davis
Cole Dekker
Taylor DeRidder*
Justin DeVree
Brande Dishinger
Quincy Doenges*
Luis Enriquez*
Nicholas Essenburg
Erik Estrada
Madelynn Farrell*
Cameron Flanagan
Alexandra Flores
Jonathan Folkert
Jaqueline Frias Gonzalez
Samantha Gager*
Lauren Galien*
Kristen Gallup
Ethan Garcia*
Andrew Gnegy*
Cristian Gomez
Listyanet Gonzalez
Sanchez
Zaire Gray*
Haley Groteler**
Megan Groters*
Michael Heckman
Magdalen Heerspink*
Leah Heidema*
Mckenzie Hoegen
Jada Holmes
Nicholas Hopp*
Evan Hotary
Madeline Hunter
Katrina Intahvong*
Rachel Ives*
Isaac Jimenez**
Nathaniel Johnson
Hannah Kamper*
Megan Ketner
Nathan Kloet*
Tyler Knipe*
Jennifer Kohl
Jared Kremkow
Kasidy Kuzmanko*
Isaac Laman**
Courtney Lambert*
Nicholas Lamberts
Nikolai Lasavath*
Saydee Lim*
Shaun Lohman*
Noemy Lopez*
Jennifer Lopez Aguilar
Melissa Lopez Cisneros
Joshua Lowell**
Matthew Lucarelli
Thiaseng Ly
Jesse Lynn**
Aubrey MacDonald*
Zosia Mackey
Alexis Manning*
Christina Martinez*
Oscar Martinez*
Reagan McCaw*
Isabelle McConkey*
Alexander Miller**
Alyssa Misiak**
Austin Mongar
Rebekah Monroe
Kyle Moody*
Alec Morris
Trent Moyer
Toni Mulder*
William Mulder
Hunter Myrick*
Kipp Nemchau
Dannie Nguyen*
Taylor Nieboer*
Myah Nyeboer*
Katherine O'Brien*
Connie Ok*
Mariam Pawlowski**
Mitchell Peters*
Alan Phan
Raina Piersma*
Cristian Ponce Acosta**
Destiny Pryor-Harper*
Kaleb Pung
Angelica Ramirez*
Lizbeth Ramirez Martinez
Angie Ramos
Damien Ratsabout
Sydney Reynolds*
Lezley Rodriguez
Elsy Rojo
Emeline Root**
Maggie Rosales*
Leslea Rose**
Sara Sawyer*
Grace Scheerhorn**
Matthew Scheneman*
Jonathan Schmeling
Danielle Scholten*
Owen Schott
Eric Schuch*
Lucas Sharar**
Kashayla Sidhu*
Joseph Sigler**
Isabel Silva**
Brock Smalldon*
Chase Spooner**
Brad Stansby
Jacob Stryker
Kyra TerVree*
Cody Thammavongsaa*
Bryce Thomas
Lady Thorpe
Max Thorpe*
Angela Ti
Brandon Tieng
Jesus Torres*
Ana Torres Monzon
Lonya Tran
Mikaylin Trombley
Briana Trujillo
Emma Tubbergen*
Kyle Unger
Kelsey Vanderby
Jacob VanderZwaag**
Kelsey VanDyke*
Jacob VanTubbergen*
Brianda Mireya Vazquez
Riley Veldheer
Jonathan Veliz
Elizabeth Vera*
Iris Villanueva*
Alexis Vongphraphan
Maylon Vongphraphan
Sammantha Vongphraphan
Emma VonHoltz*
Liam Walits*
Taylor Weenum
Andrew Whitaker*
Matthew Wight
Thomas Wodarczyk*
Sarah Yonker**
Cassandra Zack
Adriana Zamudio*

* Denotes a 3.5 or above G.P.A.
** Denotes a 4.0 G.P.A.
Students must have a physical examination before participation. A physical dated on or after April 15, 2013 is valid for the 2013-2014 school year.

Physical forms can be downloaded from wopanthers.com under the HQ tab. If your child is planning on participating in sports in 7th or 8th grade, please plan on attending the Athletic Physical Night. For more information on athletics please visit wopanthers.com.

**Athletic Physical Night**
- May 21, 2013
- 5:00 to 8:30 p.m.
- North High School

Middle school and high school physicals are free. Students planning to participate in middle school or high school athletics next year need to have a physical dated April 15, 2013 or later

Information on summer athletic camps is available. Go to www.wopanthers.com for brochures. Brochures are also available in the main office at each school.

West Ottawa Athletic Booster Golf Outing is scheduled for June 21st @ Macatawa Legends Golf Course. Information is available at www.wopanthers.com

Visit wopanthers.com for additional middle school sports information.

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**Box Tops for Education**

Thank you so much for your support of our Box Tops collection! In the past month, we have collected over $400 worth of Box Tops! Our total earnings for the school year are almost $1800! Keep them coming! :) Remember, your student can use Box Tops to "shop" at our Box Tops Store, which is open just 3 more times - April 24, May 7 and May 22.

The Meijer promotion continues through April 27, during which time you will get a cash register receipt worth 60 Box Tops ($6) when you purchase any 10 Box Tops for Education items.

If you're interested in other ways to earn Box Tops for our school (online shopping, for one), visit the Box Tops website at www.boxtops4education.com
clip box tops and earn cash for your school!

BUY + CLIP + SEND = $

Earn cash for your school every time you shop for groceries. Clip Box Tops from hundreds of your favorite products.* Each Box Tops coupon is worth 10¢ for our school—and that adds up fast!

baking
- Box Tops* Brownie Mixes
- Betty Crocker Complete Desserts
- Betty Crocker Cookie Pouches
- Betty Crocker Decadent Supreme
- Betty Crocker Frosting
- Betty Crocker Gluten Free Brownie Mix
- Betty Crocker Gluten Free Cake Mix
- Betty Crocker Gluten Free Cookie Mix
- Betty Crocker Shake-N-Pour Desserts
- Betty Crocker Sunkist Lemon Bars
- Betty Crocker SuperMoist Cake Mix
- Betty Crocker Variety Dessert Mixes
- Betty Crocker Warm Delights* Desserts
- Betty Crocker Warm Delights* Minis
- Fun da Middles* Reese's Dessert Bar Mixes
- Box Tops* Boxed Muffin Mix
- Betty Crocker Complete Pancake Mix
- Betty Crocker Complete Blueberry Muffin Mix
- Betty Crocker Quick Breads
- Bisquick* Baking Mix Boxes
- Bisquick* Gluten Free Bisquick* Heart Smart* Mix
- Fiber One™ Complete Pancake Mix
- Gold Medal® Flour

beverages
- Nestlé® Juicy Juice® All Flavors
- Nestlé® Juicy Juice® (8-pack) 4.23 & 6.75 oz
- Nestlé® Juicy Juice® Bottles (8-pack) 10 oz
- Nestlé® Juicy Juice® Bottles (8-pack) 48, 64 & 96 oz
- Nestlé® Juicy Juice® Fruitfulness (8-pack) 6.75 oz

- Rice Chex® Cereal
- Wheat Chex® Cereal
- Cocoa Puffs® Cereal
- Cocoa Puffs Brownie Crunch® Cereal
- Cookie Crisp® Cereal
- Dora the Explorer® Cereal
- Fiber One® Cereal
- Fiber One® 80 Calories Chocolate Squares
- Fiber One® 80 Calories Honey Squares
- Fiber One® Caramel Delights™ Cereal
- Fiber One® Nutty Clusters™ Cereal
- Fiber One® Raisin Bran Clusters™ Cereal
- Golden Grahams® Cereal
- Honey Nut Clusters® Cereal
- Honey Nut Cheerios® Cereal
- Honey Nut Cheerios® Medley Crunch™
- Multi Grain Cheerios® Cereal
- Multi Grain Peanut Butter Cereal
- Oat Cluster Cheerios® Crunch® Cereal
- Original Cheerios® Cereal
- Original Cheerios® Cereal
- Original Cereal® Cereal
- Original Cereal® Crunch
- Original Cereal® Honey Butter Cereal
- Original Cereal® Raisin Bran Cereal
- Cascadian Farm® Cereals
- Cheerios® Cereal
- NEW Apple Cinnamon Cheer®
- Chocolate Cheer® Cereal
- Cinnamon Cheer® Cereal
- Corn Cheer® Cereal
- Honey Nut Cheer® Cereal
- Multi-Bran Cheer® Cereal
- Trix® Cereal
- Original Wheaties®
- Wheaties® Cereal
- Green Giant® Fresh
- Baby Cut Carrots
- Blueberries
- Broccoli
- Cauliflower
- Celery
- Corn
- Green Onions
- Grape Tomatoes
- Iceberg Lettuce
- Klondike Rose Potatoes
- Mash Bag Sweet Potatoes
- Mini Cucumbers
- Mixed Chili Peppers
- Mushrooms
- Oranges
- Rainbow Bell Peppers
- Raisins
- Romaine Hearts
- Sweet Baby Broccoli Tray
- Grands!™ Breakfast Sandwiches
- Pillsbury® Egg Scrambles™
- Pillsbury® Pancakes (full & mini size)
- Pillsbury® Toaster Strudel® Pastries
- Pillsbury® Toaster Strudel® Pastries
- Totino's® Pizza Rolls® Snacks
- Wanchai Ferry™

NEW Yoplait® Smoothies
- Betty Crocker® Mac & Cheese
- Green Giant® Create a Meal
- Green Giant® Canned Vegetables
- Green Giant® Canned Veggie Multi Pack
- Hamburger Helper® Complete Meals
- Old El Paso® Old El Paso® Dinner Kits
- Old El Paso® Taco Seasoning
- Old El Paso® Reduced Sodium Seasoning
- Old El Paso® Refried Beans
- Old El Paso® Taco Shells
- Old El Paso® Tortillas
- Progresso® Broth
- Progresso® Kitchen Favorites
- Progresso® Recipe Starters
- Progresso® Soups
- Suddenly Salad® Mixes

refrigerated & dairy
- Pillsbury® Big Deluxe® Cookies
- Pillsbury® Ready To Bake™ Cookies
- Pillsbury® Refrigerated Cookies
- Pillsbury® Sweet Moments® Bite-Size Brownies
- Pillsbury® Dinsey Cars
- Sugar Shade Cookies
- Pillsbury® Disney Minnie
- Sugar Shade Cookie
Breads & Rolls:
- Pillsbury® Crescent Rolls
- Pillsbury® Grand® Biscuits
- Pillsbury® Grand® Jr. Biscuits
- Pillsbury® Grand® Sweet Rolls
- Pillsbury® Pizza Crust
- Pillsbury® Sweet Rolls

Butter, Margarine and Spreads:
- LAND O LAKES® Butter (sticks)
- LAND O LAKES® Fresh Butter (sticks and tubs)
- LAND O LAKES® Margarine (sticks and tubs)
- LAND O LAKES® Spreadable Butter Products

Cheese:
- LAND O LAKES® Snack’n Cheese To-Go
- LAND O LAKES® Chunk Cheese varieties in the Dairy Case
- LAND O LAKES® Pre-Sliced Deli Cheese (in the deli or dairy case)
- ALPINE LACE® Pre-Sliced Deli Cheese (in the deli or dairy case)

Yogurt:
- Simply ... Go-GURT®
- Yoplait® Blends
- Yoplait® Fridgepacks
- Yoplait® Go-GURT® Yogurt
- Yoplait® Greek with Nature Valley® Granola
- Yoplait® Greek Multipacks
- Yoplait® Kids’ Yogurt
- Yoplait® Light® 4Pk
- Yoplait® Original 4Pk
- Yoplait® Smoothie
- Yoplait® Splitz® Yogurt
- Yoplait® Trax® Multipack

Yogurt

Snacks
Betty Crocker® Fruit-Flavored Shapes:
- Batman® Fruit Flavored Shapes
- My Little Pony® Fruit Flavored Shapes
- Scooby-Doo™ Fruit Flavored Shapes
- Shark Bites Fruit Flavored Snacks
- Teenage Mutant Ninja Turtles® Fruit Flavored Shapes
- Transformers Fruit Shapes

Betty Crocker® Fruit-Flavored Snacks:
- Betty Crocker® Fruit Gushers®
- Betty Crocker® Fruit by the Foot®
- Betty Crocker® Fruit Roll-Ups®
- Fruit by the Foot® Mini Foot
- Fruit Roll-Ups® Mini Rolls

Bugs/Beasts
Cascadian Farm® Granola Bars
Cereal Treat Bars:
- Cocoa Puffs® Treats
- Lucky Charms® Treats
- Golden Graham® Treats
- Cinnamon Toast Crunch® Treats
- Cheerios® Snack Mix
- Chex Mix® Gourmet Blends
- Chex Mix® Muddy Buddies
- Chex Mix® Select
- Chex Mix® Snack Mix
- Chex Mix® Treat Bars
- Dunkaroos® Snacks

Fiber One® 80 Calorie Bar Selections
- Fiber One® 90 Calorie Bars Brownies
- Fiber One® Bars
- Fiber One® Chewy Bars

Fiber One® ProCare Bars:
- Fruit Roll-Ups® Simply Fruit™
- Fruit Rolls
- Gardenetta®
- Golden Graham® Snack Bars

NEW Motts® Fruit Flavored Snacks
- Nature Valley® Granola Bars:
  - Nature Valley® Chewy Granola Bars with Yogurt
  - Nature Valley® Chewy Trail Mix Bars
  - Nature Valley® Crunchy Granola Bars
  - Nature Valley® Roasted Nut Crunch Bars
  - Nature Valley® Sweet & Salty Nut Granola Bars

Nature Valley® Granola Thins
- Nature Valley® Protein Chewy Granola Bars

NEW Ocean Spray® Fruit Flavored Snacks

NEW Pillsbury® Baguette Chips

Sunset® Fruit Snacks

Apparel: printed shirts for schools
Hanes® Printed T-shirts:
- Hanes® Beefy-“T” T-Shirt
- Hanes® ComfortBlend® EcoSmart®
- Hanes® ComfortSoft®
- Hanes® Cool DRI® T-Shirt
- Hanes® nano-T® T-Shirt
- Hanes® Tagless® T-Shirt

Hanes® Printed Polo Shirts

Hanes® Printed Sweatshirts:
- Hanes® ComfortBlend® EcoSmart®
- Hanes® Premium Cotton
- Hanes® Ultimate Cotton

Apparel: Retail

Storage bags & containers
Storage Bags:
- Ziploc® Brand Big Bags
- Ziploc® Brand Slider Freezer Bags
- Ziploc® Brand Slider Storage Bags
- Ziploc® Brand evolve® Bags
- Ziploc® Brand Flexible Trays
- Ziploc® Brand Freezer Bags
- Ziploc® Brand Fresh Produce Bags
- Ziploc® Brand Perfect Portions® Bags
- Ziploc® Brand Sandwich Bags
- Ziploc® Brand Snack Bags
- Ziploc® Brand Storage Bags
- Ziploc® Brand Vacuum Bags
- Ziploc® Brand Zip ’n Steam® Containers

Containers:
- Ziploc® Brand Snap ’n Seal Containers
- Ziploc® Brand Twist ’n Loc® Containers

Paper products
Bath and Facial Tissue:
- KLEENEX® Anti-Viral Tissue (75 & 112 count)
- KLEENEX® Facial Tissue (184 Colors, 200, 240 & 280 count)
- SCOTT® 1000 Count Bath Tissue
- SCOTT® Extra Soft Bath Tissue
- SCOTT® Natural Bath Tissue

Cleansing Cloths:
- COTTONELLE® Flushable
- FLUSHABLE CLOTHS
- SCOTT® Naturals Flushable Cleansing Cloths

Towels & Napkins:
- KLEENEX® Dinner Napkins (50 count)
- SCOTT® Napkins Paper Towels
- SCOTT® Paper Towels
- SCOTT® Mega Rolls

Disposable cookware/bakeware
Hefty® EZ Foil® Pans

Disposable tableware
Hefty® Crystal Clear Plates and Cups
Hefty® Deluxe® Paper Plates and Platters
Hefty® Everyday® Plates, Bowls and Cups
Hefty® Style® Plates, Bowls and Cups
Hefty® Zoo Pair® Plates, Bowls and Cups

Waste bags
(Tall Kitchen, Outdoor Trash and Lawn & Leaf Bags)
Hefty® BlackOut® Waste Bags
Hefty® EasyFlaps® Waste Bags
Hefty® CinchSak® Waste Bags
Hefty® Kitchen Fresh® Waste Bags
Hefty® OdorBlock® Waste Bags
Hefty® ReNew® Waste Bags
Hefty® SteelSak® Waste Bags
Hefty® The Gripper® Waste Bags
Hefty® Ultra Flex® Waste Bags

Water filtration systems and filters
Brita® Bottle
Brita® Bottle Replacement Filters
Brita® Faucet Filtration Systems
Brita® Faucet Replacement Filters
Brita® Pitchers
Brita® Pitcher Replacement Filters
Brita® UltraMax Dispenser

Products with limited availability
Cereals:
- Boo Berry® Cereal
- Country Corn Flakes Cereal
- Franken Berry® Cereal

Desserts:
- Hershey® Brownie Mix
- Macaroni Grill® Multi-packs
- Refrigerated & Frozen:
  - ALPINE LACE® Sliced Swiss Cheese (Club Store)
  - Fiber One® Frozen Muffins

Visit btfe.com for more great ideas to earn cash for your school!
WEST OTTAWA MIDDLE SCHOOLS PRESENT

The WIZ
musical

Music and Lyrics by Charles Smalls
Book by William F. Brown

Based on the book
The Wizard of Oz
by L. Frank Baum

May 3 & 4 ~ 7:30 PM
May 5 ~ 2:30 PM

Ease on down the yellow brick road with Dorothy and her friends in a tale about integrity, self-reliance, honesty, and courage.
Set to a dazzling mixture of rock, hip-hop, gospel and soul music, this Tony Award winning show is suitable for all ages.

WO Performing Arts Center
136th & Riley, Holland, MI
616.786.1051

Tickets $8
On sale April 22
WestOttawaDramaBoosters.org
Just for Dads
Holland

What is it?
A group where Dads can connect, learn and be
a source of strength and support for each other
in a safe, confidential setting.

Every 2nd & 4th Tuesday of the Month
At Calvin Christian Reformed Church
387 West Lakewood Blvd
Holland, MI 49424
6:30-7:30pm
Facilitator: Chris Cassis 616-405-4442

This program is FREE and food is provided

For more Information or to register:
contact Julie Leeson

Call: (616) 396-2301 ext 145
Email: jleeson@pathwaysmi.org

This program is provided through a collaboration
between Pathways, MI and Calvin Christian Reformed Church
of Holland.

“Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information contact (Jeanette Hoyer at jboyer@pathwaysmi.org or 616-396-2301) or the Bureau of Health Systems, Division of Licensing and Certification, Substance Abuse Licensing Section, Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.”
Nurturing Program for Parents and Adolescents

12 session group-based program for parents and adolescents (13-19)

Learn how to heal relationships, live together peacefully, communicate respectfully and be a positive nurturing family.

Each week includes:
Parent Session
Youth Session &
Family Session

*This program is free and light refreshments are provided

Mondays
May 6-August 5
6:00-8:00pm
~~~
Moran Park Church
97 W. 22nd St
Holland, MI 49423

To register contact Julie Leeson at
616-396-2301 ext. 145 or jleeson@pathwaysmi.org

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Challenge of Children
Conference
May 16, 2013
Hope College, Holland MI

Schedule
8:00 a.m.– 1:30 p.m.  Check-In—Hope College Haworth Center (on 10th between College and Columbia) Pick up conference materials, folder, lunch tickets and workshop assignments

8:00 a.m.– 1:30 p.m.  Agency Exhibits—Hope College Haworth Center

9:15 a.m.– 10:45 a.m.  Keynote Address Dan Seaborn
Keeping All Your Eggs In One Basket
Dimment Chapel (Doors will be closed at 9:15)

11:00 a.m.– 12:15 p.m.  Session 1 workshops

12:30 p.m.  A Lunch
Lunch is only available on a pre-paid basis. No walk-in lunches will be sold on the day of the conference.

12:30 p.m.  B Lunch

1:00 p.m.

1:45 p.m.– 3:00 p.m.  Session 2 workshops

Keynote by Dan Seaborn
Keeping All Your Eggs In One Basket
In this presentation, Dan will share practical ways to build a healthy family based on founding principles.

Registration Information
Workshops are free, however, registration for the conference is required. Sessions will be held in various classrooms throughout campus so please wear comfortable shoes—jackets and umbrellas are also suggested. Childcare is not provided.

On-line registration is recommended
www.ChallengeofChildren.org

Mail-in: If you are unable to register on-line, please complete the form below. If you choose to take advantage of the lunch buffet, payment must also accompany this registration (non-refundable).

Make checks payable to Challenge of Children.
Mail registration to:
Robin Lyons, Challenge of Children
Allegan County Juvenile Center
2243 33rd Street, Allegan, MI 49010

No fax or phone registrations accepted.
For questions, call 1-269-686-4659.

Donations: This conference is funded solely by contributions. Your donation will help to ensure continuation of this annual community event. Please make checks payable to Challenge of Children and mail to the address above.

Registration deadline is May 9! Register online at: www.ChallengeofChildren.org. For information, call:
Ottawa County—616-776-1504  Muskegon County—231-767-7274  Allegan County—269-686-4659

Challenge of Children is a community effort among health and human service organizations of Allegan, Muskegon, and Ottawa Counties.

Registration Form  (Please Print)  Registration Deadline: May 9, 2013

Name ________________________________

Address ________________________________

City ____________________________ State ________ Zip __________

Daytime phone: (______) ___________ County ____________

Email address ________________________________

I would like: □ buffet lunch ($11.00—enclosed) □ no lunch
Lunch times will be assigned. Registrations sent in the same envelope will be given the same lunch time.

I would like to make a donation to the Challenge of Children conference
□ yes, amount: __________________________ (enclosed) □ no

This conference qualifies childcare providers for up to four hours of training. Training records will be available at the conference.

Workshop Choices:
(Use checkmarks to mark your choices, if you have more choices than spots available, you will be assigned the first choice)

<table>
<thead>
<tr>
<th>Workshop Choices:</th>
<th>1st choice</th>
<th>2nd choice</th>
<th>3rd choice</th>
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<td>1:45-3:00 pm</td>
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</tbody>
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(Please be sure to list your 1st, 2nd, and 3rd choice options for each time period. You will be assigned your 2nd or 3rd choice only if your 1st choice is not available)

Challenge of Children Workshops

For a complete description of the workshop sessions, please see the website or call one of the numbers on the front of this flyer.

AM Sessions: 11:00-12:15
1. Adolescents: What are They Thinking? Pat Crum Lubben
2. Advances in ADHD Treatment Oren Mason, MD
3. An Introduction to Autism Spectrum Disorders Whitney Mitchell Kruzaik, MEd, ABD
4. Breaking the Arguing Cycle Elaine Martin
5. Enjoying Your Teenager Katherine A. Walton, MSW, ACSW
6. Foster Care and Adoption: A Panel Discussion Catherine Brink, Foster Home Licensee
7. Legal Planning for a Child with Disabilities Daniel Blauw and Sarah Kirkpatrick, Attorneys at Law
8. Parents’ Role in Helping Siblings to Coexist Christine Gockman, PhD
9. Planning for the Rising Cost of a College Education Aaron DeVan, Certified Financial Planner
10. Post Adoption Support Adoptive Family Support Network
11. Promoting Speech and Language Development Across Daily Activities Michelle Barwalde, MA, CCC-SLP; Becky Portenga, OTR/L; Katie Bonner, MA, CCC-SLP; and Katie Zeedky, MA, CCC-SLP
12. Radical Innovation: Safe Families for Children Tim Nolan, LLMSW, MPA
13. Sign, Play and Sing – Learning American Sign Language with Your Little One Darcy Logan, owner of Tunet4Tykes featuring Kindermusik
14. The ABCs of Food Safety Andrea Lape, RD
15. The Period of PURPLE Crying: Understanding Infant Crying Leigh Moerdlyke, LLMSW, CPS-M
16. The Red Flags of Adolescent Sexuality Don LeMahieu, MSW, LM, RT and Anna Clawson, MSW, MA
17. Too Many Books, Too Little Time: Children’s and Young Adult Literature 101 Dr. Deborah Van Duinen, Kendra Hackney and Anna Bonnema
18. Train Up an Egg Alan Seaborn
19. Understanding the Abandoned and Adopted Heart Rev. Lorijo Schepers
20. Why Do We Have These Battles? Conflict Resolution for IEPs Susan Kuite Smith

PM Sessions: 1:45-3:00
28. ABCs, 1-2-3s, and Feelings! Fostering Social-Emotional Development with Your Infant/Toddler Sara A. Van Tongeren, LMSW
29. Adolescent Substance Abuse Marcia Rapleye, BS, SWT, CADC, CSC-R
30. Anger in Our Kids: Identifying, Understanding and Healing the Angry Heart Rev. Lorijo Schepers
31. Child Development 0-5 Darlene VanKampen
32. Create a Strong, Positive and Trusting Bond with Your Children Elaine Martin
33. Grieving Children/Grieving Teens Cindy Lucas, LMSW
34. Horses Healing Children Jennifer McVoy, LMSW
35. How to Keep from Hard Boiling Your Eggs Dan Seaborn
36. Living with Food Allergies Amanda Brouwer
37. Michigan’s Medicaid Autism Waiver Facts Christopher D. LePage, PsyD, LLMSW and Sarah Gordon, LPC
38. Middle Path: Communicating, Connecting and Understanding Teens Eliza Salazar, LLMSW
39. Music, Motion and Your Tyke Darcy Logan, owner of Tunet4Tykes featuring Kindermusik
40. Parenting With Love and Logic Dave Sigka, Superintendent, Muskegon Area Intermediate School District
41. Talking to Kids about Race Sarah Salguero, Program Director, Lakeshore Ethnic Diversity Alliance
42. Your Child’s Online Footprint Steve Sedore

Offered both AM and PM
21. A Snapshot of Teens Dave Razman
22. Discipline 101: Birth to 8 Years Veronica Pechunzer, Great Start Collaborative Coordinator for Ottawa County
23. Drugs and Sex: What Your Teen is not Telling You Heather Alberda, BA, Sexuality Educator and Stephanie VanDerKooi, MPH, CPS-M, Prevention Service Coordinator
24. Kids Yoga Deb Weis-Gelmi
25. Parenting with Love and Logic Dave Sigka, Superintendent, Muskegon Area Intermediate School District
26. Talking to Kids about Race Sarah Salguero, Program Director, Lakeshore Ethnic Diversity Alliance
27. Your Child’s Online Footprint Steve Sedore

Major Contributors
CDS Lakeshore Head Start
Community Mental Health of Ottawa County
Hope College
Ottawa Area Intermediate School District
Spectrum Health Zeeland Community Hospital

Adoptive Family Support Network Grand Rapids
Allegan County Resource Development Committee/Head Start
Allegan County 4th Circuit Court—Family Division
Great Start Collaborative

Sponsors
Muskegon Area Intermediate School District/Head Start
Ottawa County Health Department
Pathways, MI
20th Judicial Circuit Court — Ottawa County

Adoptive Family Support Network Grand Rapids
Allegan County Resource Development Committee/Head Start
Allegan County 4th Circuit Court—Family Division
Great Start Collaborative
Muskegon Area Intermediate School District/Head Start
Ottawa County Health Department
Pathways, MI
20th Judicial Circuit Court — Ottawa County
Becoming a Love and Logic Parent™

For parents of all ages! Provided by Providence Church

Learn simple, practical techniques that can help eliminate stress and arguments often associated with child discipline.

Learn how to provide choices that empower children to be responsible and make better choices.

Wednesdays 6:00-8:00pm
May 22-June 26, 2013

Providence Church
821 Ottawa Ave, Holland

FREE, but space is limited, so call today!
*Childcare is not available*

Pre-Registration is required

Contact Julie Leeson at Pathways
616-396-2301 ext. 145
jleeson@pathwaysmi.org

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Nurturing Parenting
By Steven Bavolek

Parents learn the basic philosophy and practices of Nurturing Parenting in raising healthy, caring children and the importance in making time to nurture themselves. Includes topics such as Discipline, Communication, Empathy and Child Development.

Wednesdays 12:00-2:00 pm
May 8—July 17, 2013
At Loutit District Library,
407 Columbus Ave, Grand Haven

The program is FREE!
BUT, space is limited and Pre-registration is required

For more information or to register contact
Julie Leeson at 616-396-2301 ext. 145
Or email: jleeson@pathwaysmi.org

*Childcare is not provided for this group*

MICHIGAN STATE UNIVERSITY | Extension

Funded by Lakeshore Coordinating Council
The Bavolek Nurturing Parent Program is provided through a collaboration between Pathways, MI and MSU-Extension

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Bavolek Nurturing Parent Program

A 10 week series for parents that covers topics such as Discipline, Communication, Child Development and Problem Solving

Tuesdays 1:00-3:00 pm
June 11-August 20, 2013
At Pathways, MI
412 Century Lane, Holland

The program is FREE!
BUT, space is limited and Pre-registration is required

For more information or to register contact
Julie Leeson at 616-396-2301 ext. 145
Or email: jleeson@pathwaysmi.org

*Childcare is not provided for this group*

Funded by Lakeshore Coordinating Council
Did you know 6th graders need immunizations for school?

The following immunizations are REQUIRED by Michigan law for 11 year olds who are entering into 6th grade

**REQUIRED:** 1 dose of Tdap for children 11 through 18 years of age IF 5 years have passed since the last dose tetanus/diphtheria containing vaccine.

Tetanus-diphtheria-acellular pertussis (Tdap) vaccine: This shot protects against whooping cough, or pertussis, which causes severe coughing fits. The coughing fits can be so bad that pre-teens and teens can miss weeks of school and social activities. They can even break a rib from coughing. Whooping cough is very contagious. It can be passed on to infants, who can become very ill and die from it.

**REQUIRED:** Meningococcal vaccine - 1 dose of quadrivalent (A,C,Y and W-135 strains) vaccine for those 11 years and older upon entry to 6th grade.

Meningococcal conjugate vaccine (MCV4): This shot protects against meningitis (infection of the brain covering) and blood infections. The disease can become deadly in 48 hours or less. Even with treatment, people die in about 10% of cases. About 20% of survivors will have a long term disability such as deafness, brain damage or an amputated limb.

**REQUIRED:** Varicella (chickenpox) vaccine - 2 valid doses on/after the age of 12 months
  OR reliable history of disease
  OR current lab evidence of immunity

Varicella vaccine: Chickenpox is a disease caused by the varicella zoster virus. It causes a rash and fever and can be serious, especially for babies, adolescents, adults, pregnant women and people with weakened immune systems. The chickenpox vaccine protects against this disease.

The Vaccines for Children Program (VFC Program) provides free vaccines for children birth through 18 years of age with Medicaid, without insurance, and for those with insurance that does not provide any immunization coverage. Parents may be responsible for a small administration fee for each vaccine. Call your doctor or the Ottawa County Health Department to learn more. **DON’T WAIT UNTIL THE LAST MINUTE.** If your child is 11 years old... **immunize now!**